

# Longevity Packages

Essentials - Plus - Signature



ATA  
Medical

# PACKAGES

## Longevity Essentials

**\$ 388 Nett**

69 Biomarkers

### Biometrics

Height  
Weight  
BMI  
Blood Pressure

### Cardiovascular Health

Total Cholesterol  
HDL Cholesterol  
LDL Cholesterol  
Triglycerides  
Apolipoprotein B (ApoB)  
hs-CRP (High-sensitivity C-Reactive Protein)  
Homocysteine

### Metabolic Health

Fasting Glucose  
HbA1c (Glycated Hemoglobin)  
Fasting Insulin  
HOMA-IR (Insulin Resistance Index)

### Liver Function

Total Protein  
Albumin  
Globulin  
A/G Ratio  
Alkaline Phosphatase (ALP)  
ALT (Alanine Aminotransferase)  
AST (Aspartate Aminotransferase)  
GGT (Gamma-glutamyl transferase)  
Total Bilirubin  
Indirect Bilirubin

### In-Clinic Assessments

(not available for home screening)

Physical Examination  
Hand Grip  
Body Composition (Inbody)

### Kidney Function

Urea  
Sodium  
Potassium  
Chloride  
Bicarbonate  
Creatinine  
eGFR (Estimated Glomerular Filtration Rate) with Creatinine  
Urine Albumin-Creatinine Ratio (uACR)

### Urine Analysis

Appearance  
RBC  
WBC  
EC  
Glucose  
Ketones  
pH  
Protein

### Bone and Joint Health

Calcium  
Corrected Calcium  
Phosphate  
Uric Acid  
Rheumatoid Factor

### Inflammation & Immune System

| ESR (Erythrocyte)

### Hepatitis

Hep A Antibody  
Hep B antigen  
Anti-HBs Antibody

### Blood / Immunity

White Blood Cell with differential  
Haemoglobin  
RBC Count  
Haematocrit  
MCH  
MCHC  
MCV  
Platelet

### Hormonal Health

Total Testosterone (Male Only)  
Thyroid Stimulating Hormone (TSH)  
Free T4

### Vitamins & Nutrients

Vitamin D (25-OH Vitamin D)  
Ferritin (Female Only)

### Medical Review

| Post Screening Review

### Cancer

PSA (Male Only)  
CA125 (Female Only)



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### Longevity Plus

**\$ 888 Nett**

93 Biomarkers

## Everything in Longevity Essentials, and:

### Cardiovascular Health

- | Apolipoprotein A1 (ApoA1)
- | Apo B/A1 Ratio

### Hepatitis

- | Anti-HCV

### Infections

- | Syphilis
- | HIV

### Kidney Function

- | Cystatin-C

### Hormonal Health

- | Estradiol (*Female Only*)
- | FSH
- | LH
- | Prolactin
- | SHBG (*Male Only*)
- | Calculated Free Testosterone (From SHBG & Testosterone) (*Male Only*)
- | Cortisol
- | Free T3

### Cancer

- | Stool OB

### In-Clinic Assessments

(not available for home screening)

- | Visual Acuity
- | Tonometry (Eye Pressure)
- | Screening Ultrasound Carotid Intima-Media Thickness (CIMT)
- | (Risk of Heart Disease and Stroke)

### Vitamins & Nutrients

- | Vitamin B12
- | Folate (Vitamin B9)
- | TIBC
- | Iron
- | Iron Saturation
- | Magnesium



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### Longevity Signature

**\$ 1388 Nett**

105 Biomarkers

## Everything in Longevity Plus, and:

### Infections

HSV1, HSV 2 Antibodies  
Helicobacter Antibody

### Metal Toxicity

Lead  
Mercury  
Urine Arsenic

### Hormonal Health

IGF-1  
DHEA-S  
(Dehydroepiandrosterone Sulfate)  
Progesterone  
Anti-TPO

### In-Clinic Assessments

*(not available for home screening)*

| Spirometry (Lung Function)

### Vitamins & Nutrients

Zinc  
Selenium



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Medical

Not sure which is right for you? Our team  
is happy to help. Feel free to reach out  
or book a pre-screening consultation.

