

Longevity Packages

Essentials - Plus - Signature



ATA
Medical

PACKAGES

Longevity Essentials

\$ 388 Nett

69 Biomarkers

Biometrics

Height
Weight
BMI
Blood Pressure

Cardiovascular Health

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Triglycerides
Apolipoprotein B (ApoB)
hs-CRP (High-sensitivity C-Reactive Protein)
Homocysteine

Metabolic Health

Fasting Glucose
HbA1c (Glycated Hemoglobin)
Fasting Insulin
HOMA-IR (Insulin Resistance Index)

Liver Function

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase (ALP)
ALT (Alanine Aminotransferase)
AST (Aspartate Aminotransferase)
GGT (Gamma-glutamyl transferase)
Total Bilirubin
Indirect Bilirubin

In-Clinic Assessments (not available for home screening)

Physical Examination
Hand Grip
Body Composition (Inbody)

Kidney Function

Urea
Sodium
Potassium
Chloride
Bicarbonate
Creatinine
eGFR (Estimated Glomerular Filtration Rate) with Creatinine
Urine Albumin-Creatinine Ratio (uACR)

Urine Analysis

Appearance
RBC
WBC
EC
Glucose
Ketones
pH
Protein

Bone and Joint Health

Calcium
Corrected Calcium
Phosphate
Uric Acid
Rheumatoid Factor

Inflammation & Immune System

ESR (Erythrocyte)

Hepatitis

Hep A Antibody
Hep B antigen
Anti-HBs Antibody

Blood / Immunity

White Blood Cell with differential
Haemoglobin
RBC Count
Haematocrit
MCH
MCHC
MCV
Platelet

Hormonal Health

Total Testosterone (*Male Only*)
Thyroid Stimulating Hormone (TSH)
Free T4

Vitamins & Nutrients

Vitamin D (25-OH Vitamin D)
Ferritin (*Female Only*)

Medical Review

Post Screening Review

Cancer

PSA (*Male Only*)
CA125 (*Female Only*)



PACKAGES

Longevity Plus

\$ 888 Nett

93 Biomarkers

Everything in Longevity Essentials, and:

Cardiovascular Health

Apolipoprotein A1 (ApoA1)
Apo B/A1 Ratio

Hepatitis

Anti-HCV

Infections

Syphilis
HIV

Kidney Function

Cystatin-C

Hormonal Health

Estradiol (*Female Only*)
FSH
LH
Prolactin
SHBG (*Male Only*)
Calculated Free Testosterone
(From SHBG & Testosterone) (*Male Only*)
Cortisol
Free T3

Cancer

Stool OB

In-Clinic Assessments

(not available for home screening)

Visual Acuity
Tonometry (Eye Pressure)
Screening Ultrasound Carotid
Intima-Media Thickness (CIMT)
(Risk of Heart Disease and Stroke)

Vitamins & Nutrients

Vitamin B12
Folate (Vitamin B9)
TIBC
Iron
Iron Saturation
Magnesium



PACKAGES

Longevity Signature

\$ 1388 Nett

105 Biomarkers

Everything in Longevity Plus, and:

Infections

HSV1, HSV 2 Antibodies
Helicobacter Antibody

Metal Toxicity

Lead
Mercury
Urine Arsenic

Hormonal Health

IGF-1
DHEA-S
(Dehydroepiandrosterone Sulfate)
Progesterone
Anti-TPO

In-Clinic Assessments

(not available for home screening)

| Spirometry (Lung Function)

Vitamins & Nutrients

Zinc
Selenium

